

The Epilepsy Foundation of Greater Los Angeles invites the Adult Network to our

# Winter Social

## Sunday, January 10, 2016



Adults with epilepsy and their loved ones/immediate family members are invited to join us for an educational + social gathering. Lunch will be provided. Space is limited.

**Registration/Check In ▪ 12:00pm – 12:15pm**

**Lunch & Social Time ▪ 12:15pm – 1:15pm**

Enjoy a delicious lunch while you mingle with others before the program begins.

***Epilepsy Updates* – Dr. Eliashiv, UCLA ▪ 1:15pm – 2:15pm**

***Therapy Group* – Laurette Hayden, MFT ▪ 2:15pm – 2:45pm**

Spouses, parents, family members, partners and friends of adults with epilepsy are welcome to learn more during the seminar. After the seminar, participants are encouraged to meet to gain support and share information in an understanding setting.

**Art Therapy – Kayla Tse, MFT ▪ 1:15pm – 2:45pm**

Art Therapy session will be hosted by licensed Art Therapist.

**Low Key Games**

Board games and coloring books will be available the entire time for those needing down time.

**Dessert & Social Time ▪ 2:45pm – 3:00pm**

### **RSVP is REQUIRED!**

RSVP for this FREE program is required. For more info or to RSVP, please visit [ENDEPILEPSY.org](http://ENDEPILEPSY.org) and locate the Events Calendar or contact our office at [Help@EndEpilepsy.org](mailto:Help@EndEpilepsy.org) or 310.670.2870.

## Location, Directions and Parking

The Group meeting takes place in the building of the Epilepsy Foundation of Greater Los Angeles, located at 5777 W. Century Blvd, Suite 820, in Los Angeles, California (just 3 blocks east of the Los Angeles International Airport (LAX)). Entrance to our building and parking is on 98th St., between Airport Blvd. and Bellanca Ave. Parking is free with validation.

### Directions from 405 Freeway

- Head west on Century Blvd (towards LAX)
- Right on Bellanca Ave. (there is a Carl's Jr. on the corner)
- Left on 98th St. (first stop sign)
- Stop at 5777 W. Century Plaza Building (on your left hand side) & enter the parking structure
- *Immediately* upon entering, park to your left or right (be advised that there is no parking attendant on duty)
- Enter the building from 98th St. (walk back towards where you entered the parking structure) and walk thru the glass doors.
- Sign-in with the security guard and then take the elevator to the 8<sup>th</sup> floor or 2<sup>nd</sup> floor.

### Directions from Sepulveda Blvd.

- Head east on Century Blvd. (away from LAX)
- Left on Airport Blvd.
- Right on 98th St. (first street/signal)
- Stop at 5777 W. Century Plaza Building (on your right hand side) & enter the parking structure
- *Immediately* upon entering, park to your left or right (be advised that there is no parking attendant on duty)
- Enter the building from 98th St. (walk back towards where you entered the parking structure) and walk thru the glass doors.
- Sign-in with the security guard and then take the elevator to the 8<sup>th</sup> floor or 2<sup>nd</sup> floor.

**PLEASE TURN OVER TO VIEW MAP**

Enter Parking Garage **HERE**  
(on 98<sup>th</sup> St)

